

How to spot a psychopath

Psychopaths are people who are experts in manipulating and managing others as they please, always creating a destructive outcome in the end. They seek only their own personal interest at the expense of others and their well-being. Psychopaths can be extremely harmful beings both to society in general and to the people around them. One of the dangers of psychopaths is that they tend to get those around them or who know them to try to act like them in certain ways, which sometimes leads to a wave of uncivil behavior in society, from which they are subsequently very difficult to determine its origin. Here I am going to share a series of descriptions to help you better identify and deal with these types of human beings.

1. They only think about their own interest
2. They are experts at manipulating others
3. They feel emotions in their own way
4. They are also experts at pretending
5. Adverse effects
6. Bonus track

First of all, it should be noted that psychopathy is not a mental disorder, since it does not affect cognitive abilities or the performance of daily life, nor is it a disease, it is a condition of the person since it has no cure or possible treatment *beyond isolation from the rest of the people so they cannot do any harm.*

1. Psychopaths are characterized by thinking only of their own benefit, which is usually making up for their shortcomings based on negative emotions (Envy, hatred, pride, revenge...) and both these and the methods they use tend to be absolutely destructive and harmful to others and also to them, since they never notice the damage they do, but they only satisfy their emotions.
2. In order to achieve what they want, a psychopath will not hesitate to cause disproportionate suffering to others, as long as it does not affect him/her. If this is the case, he will play the role of victim perfectly, always blaming others for the things that affect him, but they always try to stay as far away as possible from the conflict, so that they cannot be related to it. Although, in most cases, they play a determining role in the conflicts that happen around them, and are capable of convincing others, (and they are very good at this) of THEIR hypotheses about said conflicts, their

causes, and the measures to take, which are usually more in line with the desires and desires of the psychopath and not so much with reality or common good. But they are able to trick practically anyone with these strategies, convincing them that the cause of their problems is a certain person or group of people whom they hate, and that the solution is to take measures that actually harm that person or group of people.

People generally do not realize this, since they do not imagine that a person could act so twisted, but the truth is that psychopaths actually take advantage of that, of that innocence due to people's ignorance. People only realize when they have to put up with a psychopath day after day and they end up realizing their interests and strategies, often unconsciously, so that they are not able to express what is happening to others, and therefore they fall victims of mental problems such as depression.

3. Psychopaths do not feel or process emotions the same as other people, there are some characteristic features of psychopathy, it is a list in which some features matter more than others, and that there are people who are not psychopaths, but who possess one or more of these traits. This simply means that they possess these traits, but to classify a person as a psychopath, one must have to study their behavior and their motivations, it is not enough that you have some psychopathic trait, since the latter is quite common. One must have a high percentage of psychopathic traits to be defined as a psychopath, each country has their own threshold above which a person is considered to be a psychopath.

They are capable of feeling all the negative emotions, not so much the positive ones. But most have such control over themselves that they are capable of pretending to feel one emotion when in reality they are feeling another. For example, they are capable of pretending that a comment made them laugh, or that they are having a good time with you, when inside they are actually plotting obscure plans. They often pretend to be scared, sad, or even depressed when it suits them, when in reality they are not feeling it even a bit. A psychopath does not feel fear, but will appear terrified if he believes that he will obtain some benefit from doing so (for example, the attention of others).

4. A psychopath will never show himself as he is, nor will he let his/her true emotions be seen, not even to the person closest to him/her. Instead, he will try to provoke in his interlocutor or in the people with whom he interacts the emotions that best suit his purposes, which are usually anger/hatred, and thanks to which he can manipulate others more easily. They tend to have a great image of themselves and tend to have a certain obsession with looking good in front of others, with giving exactly the image that they have built to their liking to hide the crap that's inside, which is why they tend to get angry when that meticulously constructed facade is questioned or unmasked, so confronting them with the truth or questioning their image is

something that should be done only when one can completely protect oneself physically from them.

5. Apart from all the damage and destruction that psychopaths can cause, there is an added problem, and that is that they often seek to make those who know them act like them, and, in fact, this is happening in increasing numbers. more alarming and in more and more aspects of human life. A clear example are some influencers, there is a category of them that promote the idea that you can have money and live surrounded by luxuries despite being completely hick and ignorant, causing many people to see themselves reflected and become convinced that they deserve the same if they act alike.

This is an idea that has permeated Western society quite a bit in recent decades, giving rise to a frustrated and self-conscious society. This is also the case in politics, where dozens of politicians are accused in a single plot, probably concocted by a single person or a few ones, who has managed to convince all the others. In other words, they tend to induce others to follow their same patterns of behavior. To do this, they always try to project an image of success and that they are wonderful people with a great reputation, when in reality their way of acting says just the opposite. If confronted, and an attempt is made to dismantle this meticulously constructed facade with evidence, the psychopath will become enraged and will blame the other person, accusing them of lying, and even of manipulation.

6. Bonus track: Psychopaths typically have an enormous ego; they live in a world where they are always first and foremost, the best, and everyone else is just a bunch of useless idiots. So, what drives them the craziest (by far) is being mocked. A subtle sarcastic comment at the right moment can unleash uncontrollable fury in them, especially if it's in front of other people. Also, they'll jump at any chance of gaining an advantage. If you tell them you've done something that let you get or achieve something that impresses them, even if it involved hitting your own grandmother, they'll very likely try to do the same, or otherwise to achieve or get the same as you in any old way, ignoring the moral or ethical repercussions, and essentially surpassing you either way, to continue feeling like they're the best and that everything revolves around them.